

St. Joseph's RC Primary School

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10th October 2016

Dear Parents,

On the reverse of this letter you will find the new menus for Winter 2016 which will be served 31st October from 2016. We hope you will take the time to work through this with your child to choose what they would like for lunch every day. Please mark your choices by putting a tick or a cross in the box with the meal your child would like and leaving the other box blank. If you choose to give your child a packed lunch please write "packed lunch" across the form before returning it.

Children who are in Reception to Year 2 (the first 3 years of school) are currently all entitled to a free school meal.

Thank you

Mrs A Boyle Headteacher



Name of Child This menu will be in use from Monday 31st October 2016

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Toad in the Hole with Gravy Roast Potatoes Carrots Peas	Pork Casserole with creamed potato Cauliflower Green Beans	Roast Chicken and Gravy with boiled potatoes Sweetcorn Broccoli	Shepherd's pie with Gravy Savoy Cabbage Mixed Vegetables	Fish Fingers Chips Beans Peas
Yellow Option	Jacket Potato with Baked Beans Salad Selection	Spaghetti Bolognese with Salad Selection	Margherita Pizza Half a Jacket Potato with Salad Selection	Pasta Carbonara Salad Selection	Fajitas Wholegrain Rice Salad Selection
Green Option	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Corned Beef Pie with creamed potatoes Gravy Sweetcorn Carrots	Chicken Hotpot Peas Roast Winter Vegetables	Roast Pork and Stuffing with Roast potatoes Gravy Creamed carrot and swede Cauliflower	Spaghetti Bolognese Broccoli Sweetcorn Salad Selection	Fish Fingers Chips Peas Baked Beans
Yellow Option	Chilli Wholegrain Rice Salad Selection	Cheese Omelette Half a jacket potato Salad Selection	Pizza Whirl Roast Potatoes Salad Selection	Tuna Pasta Bake Broccoli Sweetcorn Salad Selection	Baked Bean Lasagne Salad Selection
Green Option	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Red Option	Lasagne Roast Parsnips Broccoli	Savoury Mince and Dumplings With boiled potatoes Peas Cauliflower	Roast Turkey and stuffing Roast Potatoes Creamed Carrot and swede Green Beans	Savoury Minced Pork Pie Creamed Potatoes Brussel Sprouts Sweetcorn	Battered fish and chips Peas Beans
Yellow Option	Pepperoni Pizza Half a jacket potato Salad Selection	Jacket Potato with Coronation Chicken Salad Selection	Omelette Roast Potatoes Salad Selection	Macaroni Cheese Salad Selection	Meatballs Wholegrain Rice Salad Selection
Green Option	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day	Sandwich Selection of the day

A selection of bread, desserts and a drink will be served daily.

